


## Centers for Medicare and Medicaid Services

Medicare is health insurance for people 65 or older. You may be eligible to get Medicare earlier if you have a disability, End-Stage Renal Disease (ESRD), or ALS (also called Lou Gehrig's disease).


 800-633-4227

 [www.medicare.gov/](http://www.medicare.gov/)

---

## Senior Medicare Patrol (SMP)

Senior Medicare Patrols (SMPs) empower and assist Medicare beneficiaries, their families, and caregivers to prevent, detect, and report health care fraud, errors, and abuse.


 1-877-808-2468

 [www.smpresource.org/](http://www.smpresource.org/)


---

## Social Security

Social Security has provided financial protection for our nation's people for nearly 90 years. Chances are, you either receive Social Security benefits or know someone who does. With retirement, disability, and survivors benefits, Social Security is one of the most successful anti-poverty programs in our nation's history.

 1-877-808-2468 (National)  
1-877-378-9081 (Local- Ogden UT)


 [www.ssa.gov/](http://www.ssa.gov/)

 324 25th Street #2403  
Ogden, UT 84401


---

## State Health Insurance Assistance Program (SHIP)

SHIP is your local State Health Insurance Assistance Program. SHIP provides unbiased help to Medicare beneficiaries, their families, and caregivers. Whether you are new to Medicare, reviewing Medicare plan options, or have questions on how to use your Medicare, SHIP can help.

 435-713-1467


 <https://www.bearriveraging.org>  
<https://www.shiphelp.org/>

 170 North Main Street  
Logan, UT 84321


---

## TriWest Healthcare Alliance

TriWest Healthcare Alliance is honored to serve our nation's military and Veteran communities. We partner with the Department of Defense and the Department of Veterans Affairs to provide military families and Veterans with access to high quality care through our network of dedicated community providers. It is our honor and privilege to serve our nation's finest.


 888-874-9378

 <https://www.triwest.com/>


 P.O. Box 42049  
Phoenix, AZ 85080

## Utah Department of Health - Medicaid

Medicaid is a medical program for people who have low-income and limited resources. There are programs for families, pregnant women, people age 65 and older, people who are disabled or blind, and individuals with breast or cervical cancer. To be eligible for Medicaid, you must meet a program type and meet the rules for Utah residency, income, and citizenship.

 800-662-9651

 [www.medicaid.utah.gov/](http://www.medicaid.utah.gov/)

 288 North 1460 West  
Salt Lake City, UT 84116