













March



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 	2 Caregiver Talking Points @Brigham Community Center - 10:30AM	3 	4 Caregiver Support Group @The Worx 209 W 200 N 2nd Floor Logan, UT, EVERY Wednesday 3pm	5 Cache Garden Club @The Logan Library 	6 	7 Swap Meet Cache Valley Co-op 
8 	9 Tax Prep & Board Games @Hyrum City Senior Center	10 Cards & Potluck @Richmond, The park bench 	11 	12 9am Field trip! Birding in Brigham @Hyrum Senior Center 	13 	14 
15 	16 Caregiver Talking Points @Brigham Community Center - 10:30AM	17 Tax Prep & Board Games @Hyrum City Senior Center ST. PATRICKS DAY 	18 Medicare Minute Lunch @Cache County Senior Center	19 Caregiver Talking Points & Medicare Minute @Tremonton Senior Center	20 Did you know? Most senior Centers Serve Lunch on Fridays. Call or walk in to learn more.	21 
22 	23 Medicare 101 & Fraud Prevention @Brigham Senior Center	24 Diabetes Friendly Cook along March 17, 24, 31 @USU Extension 179 N Main Street #109 Logan, UT 84321 (\$25) 	25 Caregiver Talking Points & Medicare Minute @Cache County Senior Center	26 Spring Fling Dance ! @Cache County Senior Center 	27 	28 
29 	30 	31 				

For questions, call 435-265-8603 or email me at carmenr@brag.utah.gov